

IELTS ESSAY BAND 8 EXAMPLE Textbook

IELTS Essay Band 8 Example

Achieving a high band score in the IELTS writing task 2 requires not only a strong command of language but also the ability to craft well-structured, coherent, and compelling essays. An IELTS essay band 8 example provides a clear demonstration of these qualities, showcasing advanced vocabulary, complex sentence structures, and balanced arguments. Whether you are aiming for academic excellence or preparing to excel in your IELTS exam, analyzing exemplary essays can significantly improve your writing skills. In this comprehensive guide, we will explore an effective IELTS Band 8 essay example, dissect its structure, language features, and strategies to help you attain a similar score.

Understanding the IELTS Band 8 Essay Criteria

Before delving into the example, it's important to understand what examiners look for in a Band 8 essay:

- Task Achievement: Fully addresses all parts of the task with well-developed ideas.
- Coherence and Cohesion: Logical progression of ideas with effective use of paragraphing and linking devices.
- Lexical Resource: Uses a wide range of vocabulary accurately and appropriately.
- Grammatical Range and Accuracy: Demonstrates a variety of complex sentence structures with minimal errors.

An IELTS Band 8 essay exemplifies excellence across these criteria, offering rich vocabulary, sophisticated grammar, and a clear, compelling argument.

Sample IELTS Essay Topic: "Some people believe that technological advancements have made our lives more complex, while others think they have simplified it. Discuss both views and give your opinion."

Introduction

In the modern era, technological innovations have become integral to daily life, prompting a debate about their overall impact. While some argue that these advancements have complicated our existence by introducing new challenges, others contend that they have streamlined various aspects of living. This essay will explore both perspectives and argue that, despite certain complexities,

technology ultimately enhances our quality of life.

Body Paragraph 1: Technology Simplifies Life

Proponents of technological progress assert that it has significantly simplified numerous tasks, leading to increased efficiency and convenience.

Examples include:

- Communication: The advent of smartphones and the internet allows instant communication across the globe, eliminating the need for lengthy correspondence or travel.
- Transportation: Modern vehicles and navigation systems enable faster, safer travel, reducing time and effort.
- Access to Information: Online platforms provide immediate access to vast knowledge, supporting education and decision-making.

Analysis:

These developments have reduced physical and mental effort, allowing individuals to focus on more meaningful pursuits. For example, online banking and shopping save time and eliminate the need for physical visits.

Body Paragraph 2: Technology Adds Complexity

Conversely, critics argue that technological advancements can introduce new complexities, sometimes complicating lives instead of simplifying them.

Examples include:

- Information Overload: The vast amount of data available can overwhelm users, leading to decision fatigue.
- Dependence on Technology: Over-reliance on devices may diminish problem-solving skills and create vulnerabilities when systems fail.
- Privacy Concerns: Increased digital presence raises issues around data security and personal privacy.

Analysis:

While technology offers benefits, it also necessitates ongoing learning and adaptation, which can be

stressful. For instance, cybersecurity threats require constant vigilance, adding to the mental burden.

Evaluating Both Perspectives

Both viewpoints have valid points, and the impact of technology depends largely on its application and individual usage.

Balanced Perspective:

- When used judiciously, technology can streamline tasks and improve efficiency.
- Unchecked or excessive reliance may lead to stress, information overload, and new social challenges.

Implications:

- Society must develop strategies to mitigate negative effects, such as digital literacy education.
- Emphasizing responsible use can maximize benefits while minimizing drawbacks.

Personal Opinion and Conclusion

In my opinion, the advantages of technological advancements outweigh the disadvantages, provided they are harnessed thoughtfully. While technology introduces certain complexities, its capacity to simplify everyday life and foster global connectivity is unparalleled. To fully benefit from these innovations, individuals and governments must prioritize digital literacy, privacy safeguards, and balanced usage.

Summary:

- Technology's role is dual: it can both simplify and complicate our lives.
- Responsible use is key: education and regulation can help maximize benefits.
- Overall, embracing technological progress with awareness and caution leads to a more improved quality of life.

Key Strategies for Writing a Band 8 IELTS Essay

To emulate this high-quality example, consider the following strategies:

- Thoroughly address all parts of the question: cover both views and present a clear opinion.
- Develop ideas with relevant examples and explanations: avoid vague statements.
- Use a wide range of vocabulary: incorporate synonyms and academic expressions.
- Vary sentence structures: combine simple, compound, and complex sentences for fluency.
- Ensure coherence and cohesion: use logical connectors and paragraphing effectively.
- Proofread for grammatical accuracy: minimize errors to achieve a polished piece.

Conclusion

An IELTS essay band 8 example exemplifies mastery over language, structure, and argumentation. By analyzing such examples, test-takers can learn how to craft compelling essays that meet and exceed the exam criteria. Remember, practice, feedback, and a thorough understanding of essay requirements are essential steps toward achieving a high band score. Incorporate the strategies and insights from this example into your preparation to enhance your writing skills and increase your chances of success in the IELTS exam.

IELTS essay band 8 example: A comprehensive guide to crafting high-scoring essays

When preparing for the IELTS writing exam, understanding what it takes to achieve a band 8 essay is crucial. This level demonstrates not only excellent command of the English language but also the ability to develop ideas clearly, organize your thoughts effectively, and address the task fully. In this guide, we will dissect a sample band 8 IELTS essay, analyze its features, and provide tips to help you reach that top score.

Understanding the Band 8 Criteria

Before diving into the example, it's essential to know what examiners look for in a band 8 essay:

- Task Achievement (Task 1) / Task Response (Task 2): Fully addresses all parts of the task with well-developed ideas.
- Coherence and Cohesion: Ideas are logically organized, with clear progression and effective paragraphing.
- Lexical Resource: Uses a wide range of vocabulary appropriately and accurately.
- Grammatical Range and Accuracy: Demonstrates a variety of sentence structures with minimal errors.
- Overall Fluency: The essay reads smoothly, showing a high level of language proficiency.

Sample IELTS Essay Prompt

Some people believe that unpaid community service should be a compulsory part of high school

programs. To what extent do you agree or disagree?

Sample Band 8 IELTS Essay

Introduction

In today's society, the debate over whether community service should be mandated for high school students has gained considerable attention. While some argue that compulsory community involvement fosters social responsibility and personal growth, others contend that such mandates may infringe on individual freedom and motivation. I firmly believe that integrating voluntary community service into high school curricula can be highly beneficial, provided it is approached thoughtfully and without coercion.

Body Paragraph 1: Benefits of Mandatory Community Service

One of the primary arguments in favor of compulsory community service is its potential to cultivate a sense of social responsibility among young people. When students are required to engage in volunteer activities, they develop empathy and a better understanding of societal issues. For example, participating in local environmental cleanup projects can enhance awareness about environmental conservation. Moreover, such experiences can instill valuable life skills, including teamwork, leadership, and time management. These attributes are not only advantageous academically but also prepare students for future careers and civic life. Therefore, mandatory community service can serve as an influential tool in nurturing responsible and conscientious citizens.

Body Paragraph 2: Potential Drawbacks and Solutions

Conversely, critics argue that making community service compulsory might lead to superficial participation, where students engage only to fulfill requirements rather than out of genuine interest. This could diminish the quality of the experience and undermine its intended benefits. Additionally, forcing students into activities they are uninterested in might generate resentment or apathy towards volunteering altogether. To address these concerns, schools should emphasize the importance of voluntary participation and offer a diverse range of opportunities that align with students' interests. Providing options allows students to choose activities they find meaningful, fostering intrinsic motivation and a more authentic engagement with community service.

Body Paragraph 3: Balancing Responsibility and Autonomy

A balanced approach is essential to maximize the positive effects of community service while respecting individual autonomy. For instance, schools could integrate community projects into the curriculum but avoid rigid mandates. This strategy encourages participation without feeling coercive.

Furthermore, involving students in the planning process can increase their sense of ownership and commitment. By doing so, educational institutions can promote civic-mindedness effectively, nurturing socially responsible individuals without compromising personal freedom.

Conclusion

In summary, incorporating community service into high school education offers numerous benefits, including fostering social responsibility, developing essential skills, and encouraging civic engagement. However, it is vital to implement such programs thoughtfully, ensuring participation remains voluntary and meaningful. When approached with care, compulsory community service can serve as a valuable component of holistic education, preparing students to contribute positively to society.

Key Features of a Band 8 IELTS Essay

Achieving a band 8 score in your IELTS essay hinges on several critical elements, which are exemplified in the above sample:

- Fully Addresses the Task

The essay directly responds to the question, presenting a clear position throughout. It discusses both sides?benefits and drawbacks?and offers a nuanced view, showing depth of understanding.

- Well-Organized Structure

The essay uses logical progression, with each paragraph dedicated to a specific idea. Clear topic sentences guide the reader, and transitions like "Moreover," "Conversely," and "Furthermore" ensure smooth flow.

- Sophisticated Vocabulary

Vocabulary choices are precise and varied, such as "cultivate," "superficial participation," "intrinsic motivation," and "civic-mindedness." This demonstrates a strong lexical resource.

- Grammatical Range and Accuracy

The essay employs complex sentence structures, including conditionals ("if" clauses), relative

clauses, and varied sentence types, all with minimal errors.

- Coherence and Cohesion

Effective use of linking words and phrases helps connect ideas logically, making the essay easy to follow.

Tips to Write a Band 8 IELTS Essay

- Understand the question thoroughly: Identify all parts and plan your response accordingly.
- Develop your ideas fully: Support your points with examples and explanations.
- Organize your essay logically: Use paragraphs effectively, each focusing on a single main idea.
- Use a wide range of vocabulary: Avoid repetition and incorporate precise, high-level words.
- Vary your sentence structures: Combine simple, compound, and complex sentences for variety.
- Proofread your work: Check for grammatical errors and ensure clarity.

Final Thoughts

Mastering the art of writing a IELTS essay band 8 example involves practice, awareness of exam criteria, and a strategic approach to essay planning and writing. By analyzing high-scoring essays, understanding what examiners seek, and honing your language skills, you can increase your chances of achieving a top band score. Remember, consistency and thoughtful preparation are key to success in the IELTS writing section.

QuestionAnswer What are the key characteristics of a Band 8 IELTS essay example? A Band 8 IELTS essay exemplifies clear and well-developed ideas, strong vocabulary, sophisticated sentence structures, minimal errors, and a coherent argument that effectively addresses all parts of the question. How can I improve my IELTS essay to reach Band 8 standards? You can improve by practicing complex sentence structures, expanding your vocabulary, planning your essays carefully, ensuring coherence and cohesion, and reviewing model Band 8 essays to understand their structure and style. Can you provide an example of a Band 8 IELTS essay on education? Yes, a Band 8 essay on education would present a clear position, develop ideas with relevant examples, use varied vocabulary, and maintain grammatical accuracy throughout. For example, discussing the impact of technology on learning with well-structured arguments and sophisticated language. What common mistakes prevent an IELTS essay from achieving Band 8? Common mistakes include lack of coherence, insufficient development of ideas, grammar errors, limited vocabulary, and failure to fully address all parts of the task. Avoiding these can help improve your score. How important are vocabulary and grammar in achieving Band 8 in IELTS writing? They are crucial; Band 8 essays demonstrate a wide range of sophisticated vocabulary and grammatical structures used accurately,

which significantly boosts the overall score. What role does essay structure play in achieving a Band 8 score? A well-structured essay with clear introduction, body paragraphs, and conclusion helps convey ideas effectively, making your argument easy to follow – a key factor for a Band 8 score. Are there specific topics for which Band 8 example essays are more common? Band 8 essays often cover universal and relevant topics such as education, environment, technology, and healthcare, where candidates are expected to demonstrate high-level language and analysis. How can analyzing Band 8 IELTS essays help improve my writing? Analyzing these essays helps you understand high-scoring structures, vocabulary, and argument development, enabling you to emulate similar techniques in your own writing. Where can I find authentic Band 8 IELTS essay examples? You can find authentic examples in official IELTS preparation materials, reputable IELTS blogs, and online forums where test-takers share high-scoring essays. Studying these can provide valuable insights into what examiners look for.

Related keywords: IELTS essay samples, band 8 writing tips, IELTS writing task 2, high-scoring IELTS essays, IELTS essay structure, IELTS writing band descriptors, sample IELTS essays, writing band 8 tips, IELTS essay topics, effective essay writing

killer sat essay

killer sat essay is a phrase that strikes fear into the hearts of many high school students preparing for one of the most challenging components of the SAT exam. The SAT essay, although optional in some regions, remains a critical opportunity for students to showcase their analytical skills, writing prowess, and ability to craft a compelling argument under time constraints. Achieving a high score on the SAT essay can significantly enhance a student's overall application profile, making the difference between an average and an outstanding college application. This article delves into strategies, tips, and insights to help you craft a killer SAT essay that not only meets the scoring criteria but also impresses admissions officers.

Understanding the SAT Essay: What You Need to Know

What Is the SAT Essay?

The SAT Essay is an optional component designed to assess a student's ability to analyze a provided text and construct a coherent, evidence-based argument. Typically, students are given a passage—often a speech, editorial, or literary excerpt—and are asked to analyze how the author builds their argument, uses rhetorical devices, and persuades the audience.

Why Is the Essay Important?

Even though some colleges have moved away from requiring SAT essays, many still consider the score as part of the holistic review process. A strong essay can demonstrate critical thinking, analytical reasoning, and writing skills—qualities highly valued in college.

The Scoring Criteria

The SAT essay is scored on a scale of 2–8 in three categories:

- Reading
- Analysis
- Writing

These scores are then combined to give a total score out of 24. A killer SAT essay excels across all three domains, showcasing depth of understanding, insightful analysis, and polished writing.

Key Elements of a Killer SAT Essay

1. Clear and Focused Thesis Statement

Your thesis should succinctly state your main argument or interpretation of the passage. It serves as the roadmap for your essay and should directly answer the prompt.

2. Strong Evidence and Examples

Use specific references from the passage to support your analysis. Quote or paraphrase key parts, explaining how they contribute to the author's argument and your overall analysis.

3. Logical and Coherent Structure

Organize your essay into clear paragraphs with topic sentences. Ensure each paragraph transitions smoothly to the next, maintaining a logical flow.

4. Analytical Depth

Don't just summarize the passage—explain how the author uses rhetorical devices, tone, diction, and structure to persuade the audience.

5. Polished Language and Grammar

Use varied sentence structures and precise vocabulary. Proper grammar, punctuation, and spelling

are essential to demonstrate mastery of writing skills.

Strategies to Write a Killer SAT Essay

Preparation Before the Test

Effective preparation involves familiarizing yourself with the test format, practicing with real prompts, and honing your analytical and writing skills.

- Practice analyzing various passages and identifying rhetorical devices
- Develop a set of go-to templates for introductions and conclusions
- Work on timed writing to simulate test conditions
- Read high-quality editorials and essays to strengthen your analytical skills

During the Test: Step-by-Step Approach

A systematic approach can help you maximize your score:

- **Read the Passage Carefully:** Spend 3-4 minutes understanding the main argument and rhetorical strategies.
- **Outline Your Essay:** Jot down your thesis statement and main points to stay organized.
- **Write a Clear Introduction:** Introduce the passage and state your thesis.
- **Develop Body Paragraphs:** Use each paragraph to analyze specific rhetorical devices or strategies, providing evidence and explanations.
- **Conclude Effectively:** Summarize your key points and restate your thesis in a new way.
- **Review and Edit:** If time permits, quickly check for grammatical errors and clarity.

Common Pitfalls to Avoid

To craft a killer essay, steer clear of these mistakes:

- Failing to address all parts of the prompt
- Providing superficial analysis without depth
- Overusing quotations without explanation
- Ignoring the author's rhetorical strategies
- Writing overly vague or generic statements
- Neglecting organization and coherence

Sample Outline for a Killer SAT Essay

Creating a structured outline before you start writing can greatly improve clarity and coherence. Here's an example:

Introduction

- Briefly introduce the passage and its main argument
- State your thesis about how the author constructs their persuasive strategy

Body Paragraph 1: Rhetorical Devices

- Identify a specific device (e.g., metaphor, repetition)
- Quote or paraphrase the passage
- Explain how this device enhances the author's argument

Body Paragraph 2: Tone and Diction

- Analyze the tone (e.g., urgent, optimistic)
- Discuss word choices that contribute to this tone
- Connect tone to the overall purpose

Body Paragraph 3: Structural Elements

- Examine paragraph organization or sentence structure
- Describe how structure emphasizes key points
- Support with examples

Conclusion

- Recap your main points
- Restate the significance of the author's rhetorical approach
- Reinforce your thesis

Additional Tips for Achieving a High Score

Practice with Real Prompts

Use official SAT practice tests and prompts from College Board to simulate real testing conditions.

Time Management

Allocate approximately 50 minutes for the essay, dividing time as follows:

- Read and analyze: 10 minutes
- Outline: 5 minutes
- Write: 25-30 minutes
- Review: 5-10 minutes

Seek Feedback

Share your practice essays with teachers or tutors to receive constructive critique and identify areas for improvement.

Refine Your Voice and Style

Aim for clarity, confidence, and variety in your language. A distinctive voice can make your essay stand out.

Conclusion: Mastering the Art of the Killer SAT Essay

While the phrase killer sat essay might evoke anxiety, approaching the task with preparation, strategy, and confidence can transform it into an opportunity to shine. Focus on understanding the prompt, developing a clear thesis, supporting your analysis with specific evidence, and organizing your ideas logically. Remember, a high-scoring SAT essay is not just about correct grammar or vocabulary but about demonstrating your analytical ability and critical thinking skills. With consistent practice and a strategic approach, you can craft a killer SAT essay that leaves a lasting impression on admissions committees and boosts your overall exam score.

Killer SAT Essay: Mastering the Art of a Standout Performance

killer sat essay?these words evoke a mix of anxiety, determination, and the desire to excel. The SAT essay, although optional on many recent tests, remains a critical component for students aiming for top-tier colleges. A compelling SAT essay can set a student apart, demonstrating analytical prowess, strong writing skills, and a nuanced understanding of complex texts. But what exactly does it take to craft a killer SAT essay? This article delves deep into strategies, tips, and insights to help

students approach the SAT essay with confidence and craft a performance that stands out.

Understanding the SAT Essay: What Is It and Why Does It Matter?

The Purpose of the SAT Essay

The SAT essay is designed to evaluate three core skills:

- Reading comprehension: How well can you analyze a provided text?
- Analytical reasoning: Can you discern the author's techniques and intentions?
- Writing proficiency: Are your ideas organized, clear, and compelling?

While the College Board has made the essay optional, many competitive colleges still consider it when reviewing applications. A killer essay demonstrates your ability to think critically and communicate effectively—traits highly valued by admissions officers.

Format and Expectations

Typically, students have 50 minutes to complete the essay, which involves:

- Reading a provided passage (around 650-750 words)
- Developing a well-organized, analytical essay response
- Supporting your claims with evidence from the text

The essay is scored on three dimensions: Reading, Analysis, and Writing, each rated from 2 to 8 points.

Key Elements of a Killer SAT Essay

Achieving a high score on the SAT essay hinges on mastering several core components:

- Strong, Clear Thesis Statement

Your thesis should explicitly state your main argument about the author's techniques or purpose. It acts as the blueprint for your essay, guiding the reader through your analysis.

Tip: Avoid vague statements like "The author uses many techniques." Instead, specify what techniques and their effects, e.g., "The author employs vivid imagery and rhetorical questions to

emphasize the protagonist's inner turmoil."

- Effective Use of Evidence

Support your analysis with direct quotations and specific references from the passage. Demonstrating close reading shows your ability to engage deeply with the text.

Tip: Incorporate at least 2-3 pieces of evidence per body paragraph to substantiate your claims.

- Analytical Depth

A killer essay doesn't just paraphrase the passage; it analyzes how the author's choices influence the reader or serve the overall purpose.

Tip: Explain why the author uses a particular technique and how it affects the reader's understanding or emotional response.

- Cohesive and Organized Structure

Logical flow is crucial. Use clear topic sentences, transition words, and ordered paragraphs to make your essay easy to follow.

Tip: Outline your essay briefly before writing to ensure a coherent structure.

- Strong Conclusion

Summarize your main points and reinforce how your analysis supports your thesis. Leave the reader with a lasting impression of your critical insight.

Strategies for Writing a Killer SAT Essay

Achieving excellence requires deliberate practice and strategic planning. Here are actionable strategies:

Pre-Writing Preparation

- Familiarize Yourself with Common Text Types: The SAT often uses speeches, essays, or excerpts from famous works. Recognize common techniques like tone, diction, imagery, and rhetorical devices.
- Practice Active Reading: Annotate as you read?underline key phrases, note rhetorical devices, and jot down initial impressions.
- Create a Quick Outline: Decide your main analytical points early, so your essay remains focused.

During the Exam

- Manage Your Time: Allocate about 5-10 minutes for planning, 35-40 minutes for writing, and 5-10 minutes for revising.
- Start Strong: Craft a clear thesis statement in your introduction.
- Use Evidence Effectively: Embed quotations smoothly, followed by analysis.
- Stay Focused: Stick to analyzing the author's techniques rather than summarizing the passage.
- Revise and Edit: Correct grammatical errors and clarify awkward sentences in the final minutes.

Post-Writing Tips

- Read Your Essay Aloud: Hearing it can help catch errors and awkward phrasing.
- Ensure Clarity and Precision: Avoid vague language; be specific in your analysis.
- Check for Consistency: Make sure your essay supports your thesis throughout.

Common Pitfalls and How to Avoid Them

Even talented writers can stumble on test day. Here are typical mistakes and how to sidestep them:

- Summarizing Instead of Analyzing

Mistake: Rehashing the passage rather than analyzing techniques.

Solution: Focus your paragraphs on how the author uses specific devices and why they matter.

- Lack of Clear Thesis

Mistake: Vague or absent thesis statements.

Solution: Draft a precise thesis early and refer back to it to maintain focus.

- Insufficient Evidence

Mistake: Using only general statements or no quotations.

Solution: Incorporate direct evidence and explain its significance.

- Poor Organization

Mistake: Jumping between ideas without transitions.

Solution: Use topic sentences and transition words to guide the reader.

- Time Mismanagement

Mistake: Spending too long on introduction or one paragraph.

Solution: Stick to the planned outline and pace yourself.

Practice Makes Perfect: Building Your Killer Essay

Achieving a killer SAT essay isn't about innate talent; it's about preparation and practice. Here are some ways to hone your skills:

- Analyze Sample Essays: Review high-scoring essays to understand what makes them effective.
- Practice with Real Passages: Write essays within the 50-minute limit using authentic prompts.
- Seek Feedback: Have teachers or peers review your essays for constructive criticism.
- Focus on Technique: Instead of just writing, analyze how authors craft their messages.

Final Thoughts: The Key to a Killer SAT Essay

A killer SAT essay combines analytical insight, clear organization, and compelling writing. Remember that your goal is not just to summarize but to demonstrate your ability to dissect an author's techniques, understand their purpose, and articulate your insights effectively.

Success on the SAT essay requires strategic preparation, disciplined practice, and a confident

approach during the exam. By mastering the core elements—thesis statement, evidence, analysis, and organization—you can transform your essay into a powerful piece that leaves a lasting impression on admissions committees.

In the pursuit of college admissions excellence, a well-crafted SAT essay can be your secret weapon. Approach it with seriousness, practice diligently, and aim to produce an essay that truly stands out as a killer.

Question What are some effective strategies to craft a compelling SAT essay that can 'kill' the test? To craft a compelling SAT essay, focus on analyzing a provided text critically, develop a clear thesis, use specific evidence and examples, organize your ideas logically, and write with clarity and precision. Practice outlining your essay quickly to ensure a cohesive structure under timed conditions. How important is understanding the prompt when aiming to 'kill' the SAT essay? Understanding the prompt thoroughly is crucial because it guides your analysis and ensures your essay stays focused on addressing the specific task. Misinterpreting the prompt can lead to off-topic essays, which can significantly lower your score. What common mistakes should be avoided to 'kill' the SAT essay? Common mistakes include neglecting to analyze the author's argument, relying on vague or generic language, failing to organize ideas clearly, running out of time, and not providing enough concrete evidence. Avoid these to maximize your essay score. How can practicing with sample prompts help improve your SAT essay score? Practicing with sample prompts helps you become familiar with the test format, improves your ability to quickly plan and organize your essay, develops your analytical skills, and builds confidence—all essential for writing a high-scoring essay on test day. Is it better to focus on content or language skills when aiming to 'kill' the SAT essay? Both content and language skills are important. Strong content with a clear, insightful analysis paired with correct grammar, varied sentence structure, and precise vocabulary will make your essay stand out. Balancing both aspects is key to achieving a top score.

Related keywords: SAT essay tips, SAT writing strategies, SAT essay scoring, SAT essay examples, SAT essay prompts, improving SAT essay, SAT essay structure, SAT essay tips, scoring high on SAT essay, SAT essay practice

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